

# Predictive markers of response in a Phase I/II pharmacodynamic (PD) study of erlotinib and bevacizumab for recurrent or metastatic head and neck cancer (HNC)

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## Abstract

**Purpose:** It is known that EGFR activation up-regulates VEGF which has been correlated with resistance to anti-EGFR agents. The purpose of this PD study was to investigate effects of the EGFR inhibitor erlotinib (E) with the VEGF antibody bevacizumab (B) in recurrent or metastatic HNC.

**Patients and Methods:** Phase I/II trial of fixed dose erlotinib (E) given orally (150 mg) daily with escalation of bevacizumab (B) to a maximum of 15 mg/kg for 3 weeks and continued at 15 mg/kg in the phase II portion. Patients were randomized to receive the initial bevacizumab dose on either day 1 or day 15. Serum VEGF and TGF $\alpha$  levels were quantified by ELISA. Pre-treatment (n=12) and post-treatment (n=5) biopsies taken after 2 weeks of treatment (E alone or E + B) were analyzed by immunofluorescence and laser scanning cytometry (LSC).

**Results:** Serum VEGF levels were decreased following E or E + B treatments ( $p=0.057$ ), but TGF $\alpha$  levels were increased ( $p=0.097$ ) and no correlation with clinical response or progression-free survival (PFS) was observed. Paired tissue samples showed that E or E + B treatments reduced expression of pERK by 47% ( $p=0.05$ ) and pERK/ERK ratio by 53% ( $p=0.04$ ). Furthermore, E or E + B treatments increased apoptosis in tumor cells (pre: 1.05%, post: 7.98%;  $p=0.03$ ) and in endothelial cells (pre: 0%, post: 14.43%;  $p=0.09$ ). At baseline, higher pEGFR/EGFR and pKDR/KDR ratios correlated with a complete response (CR) (CR>non-CR;  $p=0.09$  and  $p=0.002$ , respectively). Using a second anti-pKDR antibody, we confirmed that higher pKDR/KDR ratio also correlated with CR ( $p=0.02$ ). Of note, higher pKDR/KDR ratio correlated with a complete tumor response ( $p=0.04$ ) and better PFS ( $p=0.18$ ).

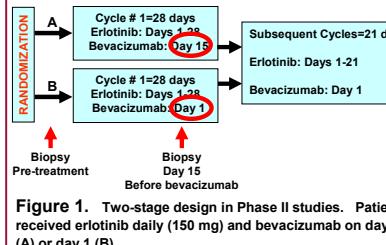
**Conclusions:** Compared to erlotinib (E) alone, erlotinib + bevacizumab (E+B) treatment showed an increased inhibition of survival factors, e.g., pEGFR/EGFR and pKDR/KDR ratios appear to predict a complete response to E + B. The promising E + B efficacy and predictive biomarkers warrant further validation in larger patient cohorts.

## Background

- More than 40,000 patients per year are diagnosed with metastatic squamous cell carcinoma of the head and neck (SCCHN).
- Almost 100% of SCCHN overexpress EGFR.
- EGFR inhibitors such as gefitinib and cetuximab only had a response rate of 7.6-12.6% and a stable disease rate of 40-50%.
- Preclinical studies suggest a synergism between EGFR inhibition and antiangiogenic therapy by overcoming resistance to EGFR inhibitors.
- A phase I/II SCCHN trial with combined treatment of an EGFR inhibitor, erlotinib (150 mg daily), and an anti-VEGF mAb, bevacizumab (15 mg/kg every 3 weeks) showed the combined therapy to be well-tolerated with a 15% overall response rate and a median survival rate of 6-8 months.

## Study Design

- Phase I: Fixed standard dose of erlotinib (150 mg daily), escalating dose of bevacizumab to 15 mg/kg.
- Phase II: 1<sup>st</sup> stage (n=22) and 2<sup>nd</sup> stage (n=24) design, and correlative laboratory studies (Fig. 1, below).



**Figure 1.** Two-stage design in Phase II studies. Patients received erlotinib daily (150 mg) and bevacizumab on day 15 (A) or day 1 (B).

## Patients and Methods

- Pre-treatment (n=12) and pre-/post-treatment (day 15) of paired biopsies (n=5) were obtained (Fig. 1).
- Out of 12 pre-treatment biopsies, 2 showed a complete response (CR), 1 a partial response (PR), 7 a stable disease (SD), and 2 a progressed disease (PD).

**Table 1.** Clinical response and treatment options of the pre-post-paired biopsies.

Status	Erlotinib alone		Erlotinib + Bevacizumab	
	Pre only	Pre & Post Pair	Pre	Post & Pair
CR	0	1	1	
PR	0	0		
SD	5	2	0	
PD	2	0	0	

CR/Complete and PR/Partial Response, SD/Stable and PD/Progressive Disease

- Serum VEGF and TGF $\alpha$  levels were determined by ELISA.
- Expression of pEGFR, EGFR, pKDR, KDR, pERK, ERK and TUNEL was determined by immunofluorescence and quantified by laser scanning cytometry (LSC).

## Results

### Serum Markers

- Serum VEGF (n=28) decreased ( $p=0.057$ ) and TGF $\alpha$  increased ( $p=0.097$ ) after treatment. There was no correlation with RR, survival, or PFS.

### Tissue Markers

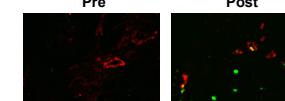
- Decreased pERK/ERK ratio (53%) was significantly associated with erlotinib  $\pm$  bevacizumab treatment (Table 2).
- Apoptosis increased in tumor (TC) and endothelial cells (EC) with significant levels detected in TC (Table 2 and Figure 2).

**Table 2.** Decreased pERK/ERK ratio and TC apoptosis significantly associated with erlotinib  $\pm$  bevacizumab treatment.

Marker	Pre (n=5)	Post (n=5)	% Target Inhibition	p value
pEGFR/EGFR ratio	0.86	1.01	-17	0.17
pKDR/KDR ratio	0.53	0.58	-9	0.34
pERK/ERK ratio	0.59	0.28	53	0.04*
TC apoptosis (%)	1.05	7.98	-660	0.03*
EC apoptosis (%)	0	14.43	NA	0.09

TC: tumor cells; EC: endothelial cells (CD31-positive); \*  $p \leq 0.05$

## Figure 2



**Figure 2.** Increased apoptosis in SCCHN patient tumors after erlotinib + bevacizumab treatment. Red: endothelial cells stained with CD31. Green: apoptotic cells stained by TUNEL.

- PD analysis of biomarkers in SCCHN patients treated with E or E  $\pm$  B (Table 3).**

**Table 3.** PD analysis of biomarkers in SCCHN patients: Significance of pERK/ERK ratio by Erlotinib.

Marker	Erlotinib alone (n = 3)		Erlotinib + Bevacizumab (n = 2)	
	Pre	Post	% Inhibition	P value
pEGFR/EGFR	0.65	0.78	-20.13	0.34
pKDR/KDR	0.53	0.60	-13.46	0.36
pERK/ERK	0.76	0.28	62.56	0.04*
TC Apoptosis	0.95	9.10	860.92	0.06
EC Apoptosis	0.00	17.12	NA	0.19

\*  $p < 0.05$

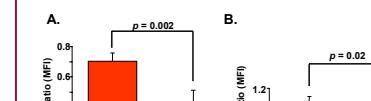
- pKDR/KDR ratio predicts CR ( $p=0.002$ ) (Table 4 and Figure 3).**

**Table 4.** pEGFR/EGFR and pKDR/KDR predicts CR.

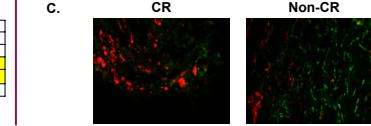
Baseline Marker	CR (n = 2)	non-CR (n = 10)	p value (CR vs. non-CR)
pEGFR/EGFR	1.0736	7280	0.32
pKDR/KDR	158498	105772	0.30
<b>pEGFR/EGFR ratio</b>	<b>1.04</b>	<b>0.83</b>	<b>0.089</b>
KDR (MFI)	58529	54177	0.39
KDR (MF1)	83278	71357	0.110
<b>pKDR/KDR ratio</b>	<b>0.70</b>	<b>0.38</b>	<b>0.002*</b>
DERK (MFI)	115717	61048	0.200
ERK (MFI)	218506	131291	0.450
DERK/ERK ratio	1.96	0.56	0.280
TC Apoptosis (%)	0.00	1.50	0.131
EC Apoptosis (%)	1.65	1.62	0.430

\*  $p < 0.05$

## Figure 3



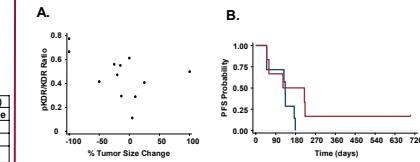
**Figure 3.** CR (n=2) vs. non-CR (n=10) pKDR/KDR ratio (MFI) comparison. \*  $p = 0.002$



**Figure 3:** High pKDR/KDR ratio predicts CR using anti-pKDR antibodies PC460 (A) or ACC1-14 (B). Higher pKDR expression was observed in CR than non-CR (C). Red: pKDR. Green: total KDR.

- Higher pKDR/KDR ratio correlated with changes in tumor size and better PFS (Figure 4).**

**FIGURE 4**



**Figure 4.** Higher pKDR/KDR ratio correlated with changes in tumor size ( $p=0.04$ ) (A) and better PFS ( $p=0.18$ ) by Cox regression analysis (B).

## Conclusions

- Serum levels of VEGF and TGF $\alpha$  did not correlate with RR, survival, or PFS.
- Decreased pERK/ERK ratio was associated with erlotinib or erlotinib  $\pm$  bevacizumab treatment with significance found only in erlotinib-treated patients.
- Apoptosis increased in tumor (TC) and endothelial cells (EC) with significant levels detected in TC.
- Higher pEGFR/EGFR and pKDR/KDR ratios in baseline tumor biopsies predicts CR with significance found for pKDR/KDR.
- Higher pKDR/KDR ratio in baseline tumor biopsies significantly predicts tumor size changes and better PFS.
- The promising clinical efficacy of erlotinib + bevacizumab and predictive biomarkers warrant further validation studies with larger patient cohorts.

## Acknowledgements

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